

April 17-May 9, 2023





2023 Land of Waterfalls Senior Games & SilverArts Official Entry Form

REGISTRATION (Deadline: April 6, 2023)

- 1. Read and sign the liability waiver.
- 2. Complete the entry form.
- 3. Check all activities that you will be participating in.
- 4. Attach the registration paper fee of \$15 to your completed form. Please make checks to "Transylvania County."
- 5. Send completed forms and payment to: Transylvania County Parks & Recreation, 1078 Ecusta Road, Brevard, NC. 28712

 ***Online Registration \$16 at www.countyrec.org see Senior Games tab! ***

Name: Middle Initial Last Name Preferred First Name Address: City _____ State ____ Zip Code _____ No. & Street Email: (1 per participant) _ Phone No.: Date of Birth: **Emergency Contact Phone No.** (Must be 50 years old by 12/31/23) A participant must be a North Carolina resident for a minimum of 3 consecutive months of the year. T-Shirt Size (Men's sizes): Small Med Large XL XXL XXXL No T-shirt needed Please provide this info to help us; It will be kept confidential. Ethnicity: __ Black or African American; __ Asian; __ American Indian or Alaska Native; Caucasian; Native Hawaiian or other Pacific Islander; Hispanic; or Other Check # to: "Transylvania County" Registration Fee \$15 Cash_____ Additional fees apply to golf & bowling (Fees should be paid to facilities on day of play and not Parks and Recreation.) **Liability Waiver:** 1. SILVERARTS. I agree not to hold Transylvania County responsible for the security or condition of the artwork that I enter in the 2023 Silver Arts Program. I also agree not to hold Transylvania County responsible for any injury that may occur. Transylvania County agrees to provide due care for all works submitted but may not be held liable for any theft or vandalism that may occur. 2. ATHLETICS. I agree not to hold Transylvania County, Brevard College, Transylvania County Schools, sponsors, or employees responsible for any claim as a result of my participation in the Senior Games. I acknowledge that I am in adequate physical condition to participate. I acknowledge that it is suggested that I consult with a physician before I participate. 3. Land of Waterfalls Senior Games and SilverArts is now CLOSED to participants who live outside Transylvania County. If you want to participate in events for Senior Games and you have local games in your county that offers those events, you CAN NOT participate in Land of Waterfalls local games and SilverArts. This is for all individual and partnered events. We will remain open for tournament basketball as well as participants who do not have an event at their local games. 4. I understand that it is my responsibility to check with my local Senior Games Coordinator immediately following my local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet if I do not have internet access. My State Finals registration with payment and all required items must be received in the NCSG office in Raleigh by 11:59 p.m. on August 1st! I understand that this deadline is strictly enforced in fairness to all, and it is my responsibility to make sure I am registered. 5. Signature_____ Date

EVENT REGISTRATION: Please select all that you plan to participate in. All local medal winners qualify to participate in the State Games. All participants must pre-register by April 6, 2023.

Please check if you plan on attending the Closing Ceremonies:

Softball Throw	TOURNAMENT EVENTS:		
Football Throw	Billiards		
Basketball Shooting	Bocce		
Golf (MPS not required in 2023.)	Corn Hole		
doin (ivii 3 not required in 2023.)	Disc Golf (NEW)		
TRACK AND FIELD EVENTS:	Horseshoes		
Discus	Shuffleboard		
Shot Put	Badminton (Singles)		
Standing Long Jump	Badminton (Doubles)	Partner:	
Running Long Jump	Badminton (Mixed Doubles)	Partner:	
50m Dash	Table Tennis (Singles)	Partner:	
100m Dash	Table Tennis (Doubles)	Partner:	
200mDash	Table Tennis (Mixed Doubles)	Partner:	
400m Dash	Bowling (Singles)		
800m Run	Bowling (Doubles)	Partner:	
1500m Race Walk	Bowling (Mixed Doubles)	Partner:	
1500m Run	Pickleball (Singles)		
5K Race Walk	Pickleball (Doubles)	Partner:	
5K Run	Pickleball (Mixed Doubles)	Partner:	
10K Run	Spin casting (non-sanctioned)		
Cycling - 1 Mile	Spelling Bee (non-sanctioned)		
Cycling - 5K	Tennis (Singles)		
Cycling - 10K	Tennis (Doubles)	Partner:	
Silver Striders Fun Walk	Tennis (Mixed Doubles)	Partner:	
5K Power Walking			
1500M Power Walking	TEAM SPORTS:		
Recumbent Cycling—1 Mile	Basketball 3 v 3		
Recumbent Cycling—5K			
Recumbent Cycling—10K			

RITAGE ARTS:	ormation) VISUAL ARTS:		
Basket Weaving	Acrylic		
Crocheting	Digital Art (NEW)		
General Fiber Art (NEW)	Drawing		
Pottery - Hand Built	Mixed Media		
Pottery - Thrown	Oil		
Jewelry	Pastels		
Knitting	Photography - digital		
Needle Work	Photography – film		
Quilting – Hand Stitched	Sculpture		
Quilting – Machine Stitched	Watercolor.		
Stained Glass			
Tole/Decorative	LITERARY: (Literary pieces must be turned in by April 4, 2023.)		
Weaving	Essay (8 pages max, double space)		
Woodcarving	Life Experience (auto biography, 8 pages max, double space		
Woodturning	Poem (40 lines max, does not need to be double spaced)		
Woodworking RFORMING ARTS: Three Minutes MaximoComedy/Drama (Large Group 5+) Co Line Dance (Large group 5+)	um Time omedy/Drama (Small Group 2-4) Comedy/Drama (Solo)		
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Silver Arts Guidelines for Local Games 2023

Heritage Arts

Entries must be the work of the individual and not a group. Heritage Art entries must be an original work. Patterns may be used, but no stamped pieces will be accepted.

Pottery must be hand built or thrown.

Entries from ceramic molds will not be accepted.

All framed entries must be securely wired, ready to be hung (no serrated hooks or string). Two-dimensional work not properly framed and wired will not be displayed.

Framed entries can be no larger than 36" x 42", including matting and frame.

Entries can be no heavier than 50 pounds.

All entries, except framed work, must be able to be displayed in an area 3'(W) x 3'(L) x 5' (Height).

Groupings (sets) shall have no more than 3 separate pieces per set. All objects within each piece of the set must be contained within or attached to one of the 3 pieces of the set. Artist's name and title of entry must appear on, or be attached to, entry for identification.

Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times. The heritage arts entry entered at State Finals must be the same entry that won at the Local Games.

Visual Arts

All artwork, except sculpture, must be framed (or gallery wrapped), securely wired, and ready to be hung (no serrated hooks or string). Artwork, except sculpture, not properly wired will not be displayed.

Artwork, except sculpture, can be no larger than 36" x 42", including matting and frame.

Entries can be no heavier than 50 pounds.

Sculpture groupings (sets) may have no more than 3 pieces per grouping (set).

Mixed media may be a freestanding piece.

Photography Film or Digital - determined by the medium on which the image is recorded.

Freestanding entries must be able to be displayed in an area 3' (W) x 3' (L) x 5' (height).

Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.

The art piece must be an original work, not a print.

Artist's name and title of entry must appear on, or be attached to, entry for identification.

The visual arts entry entered at State Finals must be the same entry that won at the Local Games.

Literary Arts

All entries must be typed, double-spaced, on 8-1/2 x 11 paper and have a minimum of 1" margins. A minimum font size is 10-pt type (preferably "times new roman or Arial"). Electronic submissions must be in pdf format.

Poems can be no longer than 40 lines.

Short stories, essays, and life experiences can be no longer than 8 pages.

All entries must have a title page, which includes title of entry, sub-category, and name of artist.

Artist's name must not appear on the content pages. The literary arts entry entered at State Finals must be the same entry that won at the Local Games.

Performing Arts

An artist may only have one (1) entry per size of act in each subcategory.

Performing entries are limited to three (3) minutes of onstage time. Exceeding the time limit will result in automatic disqualification. Timing is the performer's responsibility and begins with the first note of music or the first movement visible to the audience and ends with the final note of music or movement of the act.

Performing entries may be one of the following: (a) soloists, (b) small groups (2 - 4 performers), or (c) large groups (5 or more performers). Accompanist(s) will be counted to determine size of act. No one under age 50 as of Dec. 31st will be permitted on stage and an accompanist *must* be a registered participant.

Your local games can provide the following items: chairs, microphone(s), piano, and sound system. The act is responsible for all other props and equipment and must get NCSG advance approval for use at Show. Props must be small, few, lightweight and easy to set up quickly.

Voice presentations must be a *live* performance by the artist. Background music can be recorded. Lip-synch is not permitted as a performing art.

The performance at State Finals must be the same performance that won at the Local Games, i.e., same song, dance, music,

This program is sanctioned by North Carolina Senior Games, Inc. NCSG, Inc. is sponsored statewide by the North Carolina Division of Aging and Adult Services.

MONDAY, April 17		
9:00 a.m.	Open Rehearsal	Recreation Department
0.00	Opening Ceremonies/Follies	Recreation Department
6:00 p.m.	Opening Ceremonies/Follies	Recreation Department
TUESDAY, April 18	Track 4500 Mater Base Well-/Device Well-	Dues and Callege Treeds
9:00 a.m.	Track: 1500 Meter Race Walk/Power Walk,	Brevard College Track
1:00 p.m.	1500 Meter Run, Running Long Jump	
WEDNESDAY, April 19		
9:00 a.m.	5K Race Alk/Power Walk, 400 Meter Dash, 200 Meter	Brevard College Track
	Dash, 100 Meter Dash, 50 Meter Dash, 800 Meter Run	Brevard College Track
6:00 p.m.	Table Tennis (Singles, Doubles, Mixed)	Recreation Department
THURSDAY, April 20		
11:00 a.m.	Horseshoes	Connestee Falls
FRIDAY, April 21		
2:00 p.m.	Spelling Bee	College Walk
SATURDAY, April 22		
9:00 a.m.	FIELD DAY: Basketball shooting, Discus, Football	Recreation Department
	Throw, Shotput, Softball Throw, Standing Long Jump,	Recreation Department
	Spin Casting, Fun Walk	Recreation Department
MONDAY, April 24		
9:00 a.m.	Bocce	College Walk
TUESDAY, April 25		
9:00 a.m.	Shuffleboard, Men	Recreation Department
10:30 a.m.	Shuffleboard, Women	Recreation Department
2:00 p.m.	Badminton (Singles, Doubles, Mixed Doubles)	Recreation Department
WEDNESDAY, April 26	Dualimitem (emgles) Deadles, Mixed Deadles,	neoreation Department
1:00 p.m.	Golf (Additional fee pay on site.)	Connestee Falls
5:00 p.m.	Cornhole	Recreation Department
THURSDAY, April 27	Common	Recreation Department
9:00 a.m.	Cycling TBA	Recreation Department TBA
3:00 p.m.	Bowling (\$12 Additional fee pay on site.)	Rockin' Bowl
3:00 p.m.	Billiards (\$1 Per game additional fee pay on site)	Rockin' Bowl
FRIDAY, April 28	billiards (\$1 Fer game additional fee pay on site)	NOCKIII BOWI
12:00 p.m.	Tennis	Silvermont Tennis Courts
•	Tellins	Silverinont Termis Courts
SATURDAY, April 29 9:00 a.m.	RAIN DATE FIELD DAY	Pograption Department
	KAIN DATE FIELD DAT	Recreation Department
MONDAY, May 1	FK Dun FK Wells 10 K Dun	Degraption Degraphy ant
9:00 a.m.	5K Run, 5K Walk, 10 K Run	Recreation Department
TUESDAY, May 2	Diakloball (Singles Devibles Mixed Devibles)	Regression Regardence
9:00 a.m.	Pickleball (Singles, Doubles, Mixed Doubles)	Recreation Department
WEDNIEGDAY 34 2		(Outdoors)
WEDNESDAY, May 3	Di C-If (NITINI**)	Business Callery 51 11 7
4:00 p.m.	Disc Golf (NEW**)	Brevard College First Tee
THURSDAY, May 4	SHAVED ADTE D	
9:00 a.m 12:00 p.m.	SILVERARTS Drop-Off	Recreation Department
FRIDAY, May 5		
9:00 a.m 12:00 p.m.	SILVERARTS Judging	Recreation Department
2:00 p.m 5:00 p.m.	SILVERARTS Viewing	Recreation Department
MONDAY, May 8		
3:00 p.m 5:30 p.m.	SILVERARTS Viewing	Recreation Department
6:00 p.m 7:30 p.m.	Closing Ceremonies, Banquet, Prizes, and Awards	Recreation Department
TUESDAY, May 9		
9:00 a.m12:00 p.m.	SILVERARTS Pick-up	Recreation Department